



SOUPS

- ITALIAN SAUSAGE SOUP** 9.5
cannellini beans, spinach, italian mild sausage, parmesan breadcrumbs
- CHEF'S SEASONAL SOUP** 9.5

STARTERS

- SPINACH-ARTICHOKE DIP** 16 V
creamy spinach-artichoke dip, crostini
- WHIPPED FETA** 16.5
whipped feta, grilled sourdough, prosciutto di parma, fig jam, spicy honey
- LENA'S CRAB DIP** 17.5
lump crabmeat, garlic cream cheese, roasted corn, toasted crostinis
- CHARRED OCTOPUS** 28.5
farro, tomato, olives, pancetta, pickled onions, calabrian chili oil, romesco
- GARLIC BREAD** 10.5
focaccia, pepperoni sauce
- CALAMARI** 16
grilled or flash fried with cherry peppers, spicy marinara
- GARLIC-PARMESAN WINGS** 15.5
calabrese-ranch dip
- CRISPY BRUSSELS SPROUTS** 13.5 V
fried garlic, calabrian chilis, balsamic glaze, calabrese chili oil, parmesan, black pepper

LENA'S GIANT MEATBALL 17
10 oz. house-made all beef meatball, fresh mozzarella stuffed, marinara sauce

SALADS

- add: grilled salmon* +12, chicken +7.5, shrimp +9, or steak* +14*
- HOUSE SALAD** 13 V GF
romaine, radicchio, butter lettuce, grape tomatoes, shaved red onion, castelvetroano olives, pepperoncini, shaved parmesan, creamy oregano dressing
- CAESAR*** 13
grilled hearts of romaine, crumbled garlic focaccia croutons, crushed pancetta, shaved parmesan, creamy garlic dressing
- BURRATA & PROSCIUTTO** 19 GF
18-month aged prosciutto di parma, burrata, baby heirloom tomatoes, basil, extra virgin olive oil, minus 8 vinegar, balsamic glaze
- WARM BRUSSELS SPROUTS SALAD** 15
shaved brussels sprout, mixed greens, pancetta, apple, marcona almonds, warm caramelized shallot vinaigrette
- CHOP CHOP SALAD** 18
kale, mixed greens, cherry tomatoes, cucumber, chickpeas, avocado, castelvetroano olives, salami, provolone, calabrian chili, pepperoncini, house italian vinaigrette
- RED WINE POACHED PEAR & GORGONZOLA SALAD** 17
red wine poached pear, arugula, candied walnuts, gorgonzola cheese, drizzled with a red wine-honey vinaigrette

BOWLS

- QUINOA & KALE BOWL** 16.5 V GF
quinoa, baby kale, cucumbers, house-made guacamole, cilantro lime vinaigrette
- WARM FARRO & FRISEE BOWL** 16.5 V
warm farro, tomato bruschetta, house-made guacamole, white bean dip, feta, frisee, cilantro lime vinaigrette
- CAPRESE GRAIN BOWL** 17 V
modern twist on the classic caprese salad, featuring farro, heirloom tomatoes, fresh mozzarella, basil, balsamic reduction

ENTRÉES

- CHICKEN RUSTICA** 27
herb-marinated, wood roasted half chicken, potato gnocchi with baby spinach, sun-dried tomatoes, mushrooms, lemon-parmesan butter sauce
- TUSCAN SALMON*** 29
pan-seared atlantic salmon, house-made linguine, roasted broccolini, sun-dried tomato cream sauce
- EGGPLANT PARMIGIANA** 21 V
breaded eggplant, marinara, fresh mozzarella, extra long hand cut spaghetti
- CHICKEN PARMIGIANA** 22
breaded chicken breast, mozzarella, provolone, extra long hand cut spaghetti

PANINI

- choice of mixed green salad, caesar salad, garlic-parmesan fries or house-made chips*
- LENA'S BURGER*** 18
smoked provolone, crispy pancetta, caramelized onions, roasted garlic sun dried tomato aioli, onion brioche bun
- CAPRESE** 16 V
basil pesto, house-made fresh mozzarella, plum tomatoes, basil, ciabatta
add chicken +7.5
- MEATBALL** 17
Lena's giant meatball, marinara, smoked provolone, hoagie roll

CHICKEN PARMIGIANA 17
crispy chicken breast, marinara, fresh mozzarella, ciabatta

HOUSE-MADE PASTA

- GNOCCHI TOSCANA** 18
potato dumplings pan-fried in butter, sweet italian sausage ragu, tomato, burrata
- BAKED SPICY RIGATONI AL FORNO** 18.5
rigatoni, spicy tomato-vodka sauce, pancetta, mozzarella, baked in the wood burning oven
- WILD MUSHROOM PAPPARDELLE** 21 V
house-made pappardelle pasta, mixed wild mushrooms, truffle cream sauce, shaved parmesan, fresh herbs
- GRILLED CHICKEN ALFREDO** 22
creamy alfredo sauce, parmesan, house-made linguine
- PENNE ALLA VODKA** 18
roasted red peppers, parmesan, sun dried tomatoes, vodka tomato sauce, house-made penne *(add grilled salmon* +12, chicken +7.5, shrimp +9, or steak* +14)*
- LASAGNA** 22.5
bolognese, béchamel, fresh mozzarella
- MEATBALL & SPAGHETTI** 22.5
Lena's giant meatball, marinara, parmesan, extra long hand cut spaghetti
- SPAGHETTI ALLA BOLOGNESE** 21
zesty meat sauce, house-made spaghetti, parmesan, basil

900° WOOD-FIRED PIZZA

10" round/14" round. *The extreme heat of the oven may cause some blistering or charring of the crust - it's authentically delicious.*
GF option available, 10" only; +2.

- MARGHERITA** 16.5/21 V
fresh mozzarella, crushed san marzano tomatoes, plum tomatoes, basil, olive oil
- PROSCIUTTO & ARUGULA** 18/24
prosciutto di parma, arugula, fresh mozzarella, parmesan
- DI CARNE** 19/26
sweet italian sausage, prosciutto di parma, pepperoni, fresh mozzarella
- MAUI SUNSET** 19/26
tomato sauce, mozzarella, capicola ham, roasted pineapple, shaved red onion, pickled jalapeno, bbq sauce
- VEGANA** 17/22 VNTS
basil pesto sauce, roasted mushrooms, cherry tomatoes, tomato confit, roasted garlic, hemp hearts, tomato-white truffle oil drizzle
- PEPPERONI** 18/24
tomato sauce, mozzarella, hand cut pepperoni
- SAUSAGE & PEPPERS** 18/24
mild italian sausage, caramelized onions, roasted red peppers, smoked provolone
- CHICKEN-CALABRESE RANCH PIZZA** 19/25 NTS
fresh mozzarella, calabrese ranch, grilled chicken, pepperoni, roasted red peppers
- MUSHROOM** 16.5/21 V NTS
béchamel, wood roasted wild mushrooms, mozzarella, truffle oil
- DIAVOLA** 19/26
spicy sopressata salami, mozzarella, fried kale, calabrese pepper hot honey
- MEATBALL** 19/26
house-made all beef meatball slices, roasted garlic oil, ricotta, basil, mozzarella

V = vegetarian GF = gluten free NTS = no tomato sauce

20% gratuity added to all parties of 5 or more.

*Served raw or undercooked or may be ordered undercooked. The Virginia Department of Health warns you that raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

BEVERAGE MENU

SANGRIA

ITALIAN RED SANGRIA 10 32

our original house-made recipe with chianti, tuaca, limoncello, fresh citrus

CITRUS WHITE SANGRIA 10 32

our original house-made recipe with moscato, orange liqueur, honey, peach schnapps, citrus fruit

PEACH ROSÉ SANGRIA 10 32

our original house-made recipe with rosé, blueberries, grapefruit, peach, sparkling rosé

SPARKLING

- POGGIO COSTA PROSECCO BRUT DOC, Veneto 9.5/34
- NINO FRANCO "RUSTICO" VALDOBBIADENE PROSECCO SUPERIORE DOCG 51
- MOLO B LAMBRUSCO, Mantovano DOC 30
- JULES MILLESIMATO PROSECCO BRUT ROSÉ, Veneto 48
- PINE RIDGE VINEYARDS, CHENIN BLANC, VIOGNIER SPARKLING, California 44

WHITE

- LENA'S HOUSE PINOT GRIGIO 9/13.5/30**
- MASO CANALI PINOT GRIGIO, DOC Trentino 42
- MOKOROA SAUVIGNON BLANC, New Zealand 11.5/17.25/42
- COLLEVENTO 921, SAUVIGNON BLANC, Friuli 10.5/15.75/40
- FALIESI URCIUOLO, FIANO DE AVELLINO, Campania 15/22.5/60
- PELLEGRINO, MOSCATO, Sicilia 10/15/40
- VIGNETI DEL VULTURE "PIPOLI" GRECO-FIANO, Basilicata IGT 12.5/18.75/46
- VERMENTINO DI SARDEGNA "VILLA SOLAIS", DOC 10.5/15.75/38
- CALERA CHARDONNAY, California 14/21/56
- ZENATO, LUGANA SAN BENEDETTO, Veneto, Italy, Trebbiano di Lugana 55
- ANNABELLA, Chardonnay, Napa Valley, California 12/18/48
- SUAVIA, SOAVE CLASSICO, Veneto, Italy, Garganega 14/21/52
- CROSSBARN CHARDONNAY, Sonoma Coast, California 15/22.5/60
- FEUDI DI SAN GREGORIO, Falanghina, Sannio, Campania 57
- DARIO COOS, CHARDONNAY, Friuli 75

LIGHT
BODY

MEDIUM
BODY

FULL
BODY

ROSÉ

- LENA'S HOUSE ROSÉ 9/13.5/30**
- PICO MACCARIO LAVIGNONE ROSATO, Piemonte 13.5/20.25/48
- MONT GRAVET, LANGUEGOX, France 9.5/14.25/32
- MIRABEAU FOREVER SUMMER ROSÉ, South of France, France 11/16.5/44
- PIETRADOLCE ROSATO, DOC, Sicilia 44
- FIGUIÈRE, MÉDITERRANÉE ROSÉ, Provence, France 50

RED

- TOSCOLO CHIANTI DOCG, Toscana 10.5/15.75/38
- DI MAJO NORANTE, Sangiovese Terre degli Osci IGT 11/16.5/40
- CECCHI CHIANTI DOCG, Toscana 38
- SALVALAI, PINOT NOIR TREVENEZIE, Veneto-Friuli 12/18/48
- JEZEBEL PINOT NOIR, Oregon 14.5/21.75/54
- LENA'S HOUSE CABERNET SAUVIGNON 9/13.5/30**
- MONTE ANTICO TOSCANA (Sangiovese, Merlot Cabernet), Toscana IGT 10.5/15.75/38
- VALLE REALE MONTEPULCIANO D'ABRUZZO, DOC 11.5/17.25/42
- ESHCOL ESTATE (Merlot, Cabernet Sauvignon, Petit Verdot, Malbec, Cab Franc), Napa, California 16/24/64
- PODERI LUIGI EINAUDI, Dogliani DOCG 48
- VIGNETI ZABÚ NERO D'AVOLA, Terre Siciliane DOC 36
- MATANE PRIMITIVO, Puglia IGT 9.5/14.25/34
- VILLA AL CORTILE "RISERVA" BRUNELLO DI MONTALCINO, Toscana DOCG 101
- TERRABIANCA CAMPACCIO, IGT, (Sangiovese/Cabernet Sauvignon), Toscana 71
- ONE STONE CELLARS, CABERNET SAUVIGNON, Paso Robles, California 13/19.5/65
- ARCHITECT, CABERNET SAUVIGNON, Alexander Valley, California 17/25.5/68
- REVERSANTI BAROLO, Piemonte DOCG 80
- SPERI, VALPOLICELLA CLASSICO SUPERIORE "RIPASSO" (Corvina veronese, rondinella, Molinara), DOC 68
- VITICOLTORI DE CONCILII, CASSIUS, Campania 60
- VITICOLTORI STORICI, AMARONE, Veneto 100

LIGHT
BODY

MEDIUM
BODY

FULL
BODY

NON-ALCOHOLIC REFRESHERS

- HOUSE-MADE LEMONADE 5.5
flavors: raspberry, strawberry, blood orange, peach
- FRAGOLA BOLLE 6.5
strawberry, pineapple, soda water
- APULIA 6.5
mint, blueberries, lime, soda water
- SICILIAN POMPLEMO 6.5
grapefruit juice, agave nectar, lime

SIGNATURE COCKTAILS

- ITALIAN PALOMA 15
lunazul reposado tequila, san pellegrino grapefruit soda, citrus juice
- AMALFI CRUSH 15
grapefruit vodka, st. germaine, grapefruit juice, lemon, prosecco, grapefruit bitters
- DOLCE AMARO 16
amaro nino, domaine de canton, lemon juice, lemon bitters, strawberries, basil
- ROSSO REFRESHER 16
strawberry infused aperol, dry vermouth, rhubarb bitters, prosecco
- BLACKBERRY ROSÉ COLLINS 14
bluecoat gin, muddled blackberries, lime juice, sparkling rosé
- BLOOD ORANGE "NEGRONI" 15
deep eddy vodka, campari, sweet vermouth, blood orange purée
- LIMONCELLO MARTINI 14.5
deep eddy vodka, limoncello, lemon juice
- DILETTA MARTINI 14.5
bacardi rum, st. elder, lemon juice, strawberry purée
- VIALÉ 15
evan williams bourbon, vermouth, aperol, orange bitters
- LA DAME 15
bluecoat gin, galliano, lemon juice, lemon bitters, mint
- CALABRESE MARGARITA 15
lunazul reposado tequila, triple sec, calabrese peppers, lemon & lime juice

FROZEN

- FROSÉ 13
rosé wine, burnetts strawberry vodka, strawberry purée, fresh lime juice
- SEASONAL FROZEN 13

DRAFT BEER

- LENA'S LAGER, Golden Lager, VA | 5.1% 9
- LENA'S IPA, India Pale Ale | 6.8% 9.5
- LIONSHEAD PILSNER, Bavarian Pilsner, PA | 4.5% 9
- FAIRWINDS QUAYSIDE KOLSCH, German Golden Ale, VA | 4.5% 9
- PORT CITY, Optimal Wit, Belgian Style White Ale, VA | 4.5% 9.5
- LOST BOY, Comeback Kid, Apple Cider, VA | 6.9% 10
- DEVIL'S BACKBONE, Vienna Lager, VA | 5.2% 9.5
- LOST RHINO HAMMERHEAD HELLES LAGER, Helles German-Style Lager, VA | 5.2% 9.5
- DENIZENS SOUTHSIDE RYE IPA, MD | 7.2% 9.5
- THREE NOTCH'D, 40 Mile IPA, VA | 6% 9.5
- SOLACE SUNS OUT HOPS OUT, Session IPA, VA | 4.8% 9.5
- NEW REALM, Hazy Like a Fox, New England Style IPA, VA | 6.5% 9.5
- GUINNESS STOUT, Irish Dry Stout, Ireland | 4.2% 11.5
- PORT CITY, Seasonal Selection, VA
- CRAFT BEER SEASONAL ROTATOR
- CRAFT BEER SEASONAL ROTATOR

BOTTLED & CANNED BEER

- PERONI 0.0, Non-Alcoholic, Italy | 0.0% 7.5
- ASLIN NO BACKSIES, Hefeweizen, VA | 5.5% 9
- MILLER LITE, Light Lager, WI | 4.1% 8.5
- CORONA, Mexican Lager, Mexico | 4.6% 9
- PERONI NASTRO AZZURRO, European Pale Lager, Italy | 5.1% 9
- FOUNDER'S ALL DAY IPA, American-style India Pale Ale, MI | 4.7% 9

WINE BY THE GLASS OFFERED IN 6 OZ. OR 9 OZ. POUR