



## SOUPS

**ITALIAN SAUSAGE SOUP** 8.5  
cannellini beans, spinach, Italian mild sausage, parmesan breadcrumbs

**CHEF'S SEASONAL SOUP** 8.5

## STARTERS

**SPINACH-ARTICHOKE DIP** 15 V  
creamy spinach-artichoke dip, crostini

**LENA'S CRAB DIP** 17  
lump crabmeat, garlic cream cheese, roasted corn, toasted crostini

**ARANCINI** 14 V  
risotto, fresh mozzarella, house-made marinara sauce

**GARLIC BREAD** 10.5  
focaccia, pepperoni sauce

**CALAMARI** 15  
sautéed, grilled or flash fried with cherry peppers; spicy marinara

**GARLIC-PARMESAN WINGS** 15  
calabrese-ranch dip

**WHITE BEAN DIP** 12.5 V  
cannellini beans, garlic oil, sliced cucumbers, carrots, celery  
add rustic bread +3

**LENA'S GIANT MEATBALL** 15.5  
10 oz. house-made all beef meatball, fresh mozzarella stuffed, marinara sauce

**LENA'S ANTIPASTO PLATTER** 28.5  
prosciutto di parma, sopressata, marinated olives, marcona almonds, house-made giardinera, stuffed sweet peppadew, fresh mozzarella, parmesan, dried figs (serves minimum of two)

## SALADS

add: grilled salmon\* +12, chicken +7.5, shrimp +9, or steak\* +14

**MIXED GREENS** 12.5 V GF  
cherry tomatoes, cucumbers, shaved red onions, radishes, red wine-garlic vinaigrette

**CAESAR\*** 11.5  
hearts of romaine, roasted garlic focaccia croutons, shaved parmesan, creamy garlic dressing

**BURRATA & PROSCIUTTO** 18.5 GF  
18-month aged prosciutto di parma, burrata, baby heirloom tomatoes, basil, extra virgin olive oil, minus 8 vinegar, balsamic glaze

**OVEN ROASTED BEET SALAD** 14.5 V GF  
baby spinach, red & golden beets, pickled red onions, feta cheese, sherry vinaigrette

**PROSCIUTTO & ARUGULA SALAD** 16.5  
baby arugula, prosciutto di parma, pears, sliced red onions, shaved parmesan, roasted focaccia croutons, balsamic vinaigrette

**INSALATA CON POLLO** 17.5  
fried chicken, baby arugula, gorgonzola cheese, bartlett pears, toasted pecans, sweet drop peppers, sweet mustard dressing

## BOWLS

add: grilled salmon\* +12, chicken +7.5, shrimp +9, or steak\* +14

**QUINOA & KALE BOWL** 16 V GF  
quinoa, baby kale, cucumbers, house-made guacamole, cilantro lime vinaigrette

**WARM FARRO & FRISEE BOWL** 15.5 V  
warm farro, tomato bruschetta, house-made guacamole, white bean dip, feta, frisee, cilantro lime vinaigrette

## SANDWICH

choice of mixed green salad, caesar salad, garlic-parmesan fries or house-made chips

**LENA'S BURGER\*** 17  
smoked provolone, crispy pancetta, caramelized onions, roasted garlic-sun dried tomato aioli, onion brioche bun

## HOUSE-MADE PASTA

**SEASONAL GNOCCHI** 17.5  
ask your server for details

**GRILLED CHICKEN ALFREDO** 19.5  
creamy alfredo sauce, parmesan, house-made linguine

**PENNE ALLA VODKA** 17  
roasted red peppers, parmesan, sun dried tomatoes, vodka tomato sauce, house-made penne  
(add grilled salmon\* +12, chicken +7.5, shrimp +9, or steak\* +14)

**CASARECCE VEGETABLE PASTA** 16.5 V  
seasonal farmers market vegetables, house-made casarecce pasta, white wine, creamy basil pesto  
(add grilled salmon\* +12, chicken +7.5, shrimp +9, or steak\* +14)

**LASAGNA** 20.5  
bolognese, béchamel, fresh mozzarella

**MEATBALL & SPAGHETTI** 19.5  
lena's giant meatball, marinara, parmesan, extra long hand cut spaghetti

**SPAGHETTI ALLA BOLOGNESE** 18.5  
zesty meat sauce, house-made spaghetti, parmesan, basil

## ENTRÉES

**SCALLOPS & FREGOLA\*** Market Price  
seared scallops, charred yellow corn, peas, red peppers, fresh plum tomato, fregola pasta, parmesan butter cream sauce

**SLOW BRAISED LEG OF LAMB** Market Price  
braised leg of lamb, rosemary mint red wine, creamy parmesan polenta, gremolata

**GRILLED SALMON & FREGOLA\*** 25  
charred yellow corn, peas, red peppers, fresh plum tomato, fregola pasta, parmesan butter cream sauce

**EGGPLANT PARMIGIANA** 19 V  
breaded eggplant, marinara, fresh mozzarella, extra long hand cut spaghetti

**CHICKEN PARMIGIANA** 21  
breaded chicken breast, mozzarella, provolone, extra long hand cut spaghetti

**LENA'S SUNDAY GRAVY** 28.5  
lena's 24-hour slow simmered tomato gravy, meatballs, beef braciola, parmesan, sweet italian sausage, house-made spaghetti

## 900° WOOD-FIRED PIZZA

10" round/14" round. The extreme heat of the oven may cause some blistering or charring of the crust - it's authentically delicious. GF option available, 10" only; +2.

**MARGHERITA** 16.5/21 V  
fresh mozzarella, crushed san marzano tomatoes, plum tomatoes, basil, olive oil

**PROSCIUTTO & ARUGULA** 18/24  
prosciutto di parma, arugula, fresh mozzarella, parmesan

**DI CARNE** 19/26  
sweet italian sausage, prosciutto, pepperoni, fresh mozzarella

**SEASONAL ROASTED VEGETABLES** 16/20 V  
balsamic reduction, herbs, tomato sauce

**PEPPERONI** 18/24  
tomato sauce, mozzarella, hand cut pepperoni

**SAUSAGE & PEPPERS** 18/24  
mild italian sausage, caramelized onions, roasted red peppers, smoked provolone

**CHICKEN-CALABRESE RANCH PIZZA** 19/25 NTS  
fresh mozzarella, calabrese ranch, grilled chicken, pepperoni, roasted red peppers

**MUSHROOM** 16.5/21 V NTS  
béchamel, wood roasted wild mushrooms, mozzarella, truffle oil

**DIAVOLA** 19/26  
spicy sopressata salami, mozzarella, fried kale, calabrese pepper hot honey

**MEATBALL** 19/26  
house-made all beef meatball slices, roasted garlic oil, ricotta, basil, mozzarella

## SIDES

**FRIED BRUSSELS SPROUTS** 8.5 V

**POLENTA FRIES** 8.5 V

**CHARRED BROCOLINI** 6.5 V GF

**GARLIC-PARMESAN FRIES** 5.5

**SAUTÉED GARLIC WILD MUSHROOMS** 6.5 V GF

**MIXED GREENS SALAD** 9.5 V GF

**CAESAR SALAD\*** 8.5

V = vegetarian GF = gluten free NTS = no tomato sauce

20% gratuity added to all parties of 5 or more.

\*Served raw or undercooked or may be ordered undercooked. The Virginia Department of Health warns you that raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

# VELVET & RYE BEVERAGES

## SANGRIA

**ITALIAN RED SANGRIA** 10 32

our original house-made recipe with chianti, tuaca, limoncello, fresh citrus

**CITRUS WHITE SANGRIA** 10 32

our original house-made recipe with moscato, orange liqueur, honey, peach schnapps, citrus fruit

**PEACH ROSÉ SANGRIA** 10 32

our original house-made recipe with rosé, blueberries, grapefruit, peach, sparkling rosé

## NON-ALCOHOLIC REFRESHERS

**HOUSE-MADE LEMONADE** 5.5

flavors: raspberry, strawberry, blood orange, peach

**FRAGOLA BOLLE** 6.5

strawberry, pineapple, soda water

**APULIA** 6.5

mint, blueberries, lime, soda water

**SICILIAN POMPLEMO** 6.5

grapefruit juice, agave nectar, lime

## SPARKLING

- Poggio Costa Prosecco Brut DOC, Veneto 9.5/34
- Nino Franco "Rustico" Valdobbiadene Prosecco Superiore DOCG 51
- Molo 8 Lambrusco, Mantovano DOC 30
- Jules Millesimato Prosecco Brut Rosé, Veneto 48
- Pine Ridge Vineyards, Chenin Blanc, Viognier Sparkling, California 44

## WHITE

- **Lena's House Pinot Grigio** 9/13.5/30
- Maso Canali Pinot Grigio, DOC Trentino 42
- Mokoroa Sauvignon Blanc, New Zealand 11.5/17.25/42
- Collevento 921, Sauvignon Blanc, Friuli 10.5/15.75/40
- Faliesi Urciuolo, Fiano de Avellino, Campania 15/22.5/60
- Pellegrino, Moscato, Sicilia 10/15/40
- Vigneti Del Vulture "Pipoli" Greco-Fiano, Basilicata IGT 12.5/18.75/46
- Vermentino di Sardegna "Villa Solais", DOC 10.5/15.75/38
- Zenato, Lugana San Benedetto, Veneto, Italy, Trebbiano di Lugana 55
- Annabella, Chardonnay, Napa Valley, California 12/18/48
- Suavia, Soave Classico, Veneto, Italy, Garganega 14/21/52
- Feudi Di San Gregorio, Falanghina, Sannio, Campania 57
- Dario Coos, Chardonnay, Friuli 75

LIGHT  
BODY

MEDIUM  
BODY

FULL  
BODY

## ROSÉ

- **Lena's House Rosé** 9/13.5/30
- Pico Maccario Lavignone Rosato, Piemonte 13.5/20.25/48
- Mont Gravet, Languedoc, France 9.5/14.25/32
- Pietradolce Rosato, DOC, Sicilia 44
- Figuière, Méditerranée Rosé, Provence, France 50

## RED

- Toscolo Chianti DOCG, Toscana 10.5/15.75/38
- Di Majo Norante, Sangiovese Terre degli Osci IGT 11/16.5/40
- Cecchi Chianti DOCG, Toscana 38
- Salvalai, Pinot Noir Trevenezie, Veneto-Friuli 12/18/48
- Jezebel Pinot Noir, Oregon 14.5/21.75/54
- **Lena's House Cabernet Sauvignon** 9/13.5/30
- Monte Antico Toscana (Sangiovese, Merlot Cabernet), Toscana IGT 10.5/15.75/38
- Valle Reale Montepulciano d'Abruzzo, DOC 11.5/17.25/42
- Poderi Luigi Einaudi, Dogliani DOCG 48
- Vigneti Zabú Nero d'Avola, Terre Siciliane DOC 36
- Donna Olimpia Tageto (Cabernet Sauvignon/Merlot/Petit Verdot/Cabernet Franc), Toscana IGT 14.5/21.75/52
- Matane Primitivo, Puglia IGT 9.5/14.25/34
- Villa al Cortile "Riserva" Brunello di Montalcino, Toscana DOCG 101
- Terrabianca Campaccio, IGT, (Sangiovese/Cabernet Sauvignon), Toscana 71
- Reversanti Barolo, Piemonte DOCG 80
- Speri, Valpolicella Classico Superiore "Ripasso" (Corvina veronese, rondinella, Molinara), DOC 68
- Viticoltori De Conciliis, Cassius, Campania 60
- Viticoltori Storici, Amarone, Veneto 100

LIGHT  
BODY

MEDIUM  
BODY

FULL  
BODY

• **Wines By the Glass offered in 6 oz. or 9 oz. pour**

## SIGNATURE COCKTAILS

**ITALIAN PALOMA** 14.5

altos reposado tequila, san pellegrino grapefruit soda, fresh citrus juice

**BLACKBERRY ROSÉ COLLINS** 13.5

beefeaters, muddled blackberries, lime juice, sparkling rosé

**BLOOD ORANGE "NEGRONI"** 13

absolut, campari, sweet vermouth, blood orange purée

**LIMONCELLO MARTINI** 13.5

absolut, limoncello, lemon juice

**DILETTA MARTINI** 14.5

bacardi rum, st. elder, fresh lemon juice, strawberry purée

**VIALÉ** 13.5

bourbon, vermouth, aperol, orange bitters

**LA DAME** 14.5

monkey 47 gin, galliano, lemon juice, lemon bitters, mint

**CALABRESE MARGARITA** 14.5

altos reposado tequila, triple sec, calabrese peppers, fresh lemon & lime juice

## FROZEN

**FROSÉ** 13

rosé wine, absolut strawberry juice, strawberry purée, fresh lime juice

**SEASONAL FROZEN** 13

## DRAFT BEER

**Lena's Lager, Golden Lager, VA** | 5.1% 9

**Lena's IPA, India Pale Ale** | 6.8% 9.5

Lionshead Pilsner, Bavarian Pilsner, PA | 4.5% 9

Fairwinds Quayside Kolsch, German Golden Ale, VA | 4.5% 9

Devil's Backbone, Vienna Lager, VA | 5.2% 9.5

Port City, Optimal Wit, Belgian Style White Ale, VA | 4.5% 9.5

Lost Boy, Comeback Kid, Apple Cider, VA | 6.9% 10

Denizens Southside Rye IPA, MD | 7.2% 9.5

Three Notch'd, 40 Mile IPA, VA | 6% 9.5

Solace Suns Out Hops Out, Session IPA, VA | 4.8% 9.5

New Realm, Hazy Like a Fox, New England Style IPA, VA | 6.5% 9.5

Guinness Stout, Irish Dry Stout, Ireland | 4.2% 11.5

Lost Rhino Hit the Lip, Helles German-Style Lager,

Ashburn, VA | 5.2% 9.5

Port City, Seasonal Selection, VA

Craft Beer Seasonal Rotator

Craft Beer Seasonal Rotator

## BOTTLED & CANNED BEER

Kaliber, Non-Alcoholic, Ireland | 0.05% 7.5

Pabst Blue Ribbon, American Lager, WI | 4.8% 8

Austin Eastcider's Blood Orange, Cider, TX | 5% 8.5

Dogfish Head, SeaQuench Ale, Session Sour, DE | 4.9% 8.5

Peroni Nastro Azzuro, Euro Pale Lager, IT | 5.1% 8.5

Bell's Two Hearted Ale, American-style India Pale Ale, MI | 7.25% 9

Sixpoint, Resin, Imperial IPA, NY | 9.1% 11

James River, James Bean Vanilla Oatmeal Porter, VA | 6.9% 9.5

**SHARE YOUR ESCAPE TO  
THE LOFT AT LENA'S VELVET & RYE!**

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